



FOREMOST SCHOOL

HOME OF THE FALCONS



PRINCIPAL: STUART SHIGEHIRO
VICE PRINCIPAL: ANGELA HAZELL
TRUSTEE: NANCY HARAGA

JANUARY 9, 2026

Important Dates:

- Jan. 12 - Gr. 11/12 Field trip to U of L**
- Jan. 13 - Rodeo Pictures and 1S1B Kick-off**
- Jan. 15 - Classroom and Re-Take Picture day**
- Jan. 16 - Jr. High Ski Trip**
- Jan. 21 - Hot Lunch - Taco in a Bag - Sponsored by Gr. 2**
- Jan. 22 - Science 24 and Social 10 Final Exam**
- Jan. 23 - Social 30, Math 10 and Math 20 Final Exam**
- Jan. 26 - Bio 30, Math 10-3, English 10/20/30 - 2 Final
Physics 20, General Psych Final in the pm**
- Jan. 26 - Last day for Gr. 10-12 Semester 1**
- Jan. 27 - Gr. 10-12 Turn around day- no school for 10-12's**
- Jan. 28 - Semester 2 begins**

Parent portal will be disabled on Friday Jan. 23 and will be unlocked on Jan. 28th. We will not be sending report cards home with the Gr. 10-12's. If you need a paper copy please phone the school and we will get one to you.

PRINCIPAL'S MESSAGE

HAPPY NEW YEAR, FOREMOST SCHOOL FAMILIES!

I HOPE EVERYONE HAD A RESTFUL AND JOYFUL HOLIDAY SEASON FILLED WITH TIME SPENT WITH FAMILY AND FRIENDS. AS WE BEGIN 2026, IT IS WONDERFUL TO WELCOME OUR STUDENTS BACK AND SEE THE ENERGY AND ENTHUSIASM THAT FILLS THE BUILDING ONCE AGAIN.

JANUARY IS A MONTH OF FRESH STARTS AND RENEWED FOCUS. OUR STAFF IS ALREADY WORKING HARD TO BUILD ON THE STRONG LEARNING ROUTINES THAT WERE ESTABLISHED IN THE FALL, AND WE ARE EXCITED TO CONTINUE PUSHING STUDENTS TOWARD THEIR PERSONAL BEST. THIS TIME OF YEAR IS ESPECIALLY IMPORTANT FOR SETTING GOALS, PRACTICING PERSEVERANCE, AND REINFORCING POSITIVE LEARNING HABITS.

I WOULD ALSO LIKE TO RECOGNIZE AND THANK OUR STUDENTS FOR HELPING MAKE FOREMOST SCHOOL SUCH A POSITIVE PLACE TO BE. THROUGH OUR FALCON SPOTLIGHT PROGRAM, STUDENTS WHO ARE CAUGHT SHOWING KINDNESS, HELPING OTHERS, DEMONSTRATING LEADERSHIP, OR GOING ABOVE AND BEYOND MAY BE RECOGNIZED ON OUR DAILY ANNOUNCEMENTS AND HAVE THEIR NAME ENTERED INTO A DRAW AT OUR FALCON SPOTLIGHT ASSEMBLIES. THE MANY ACTS OF RESPONSIBILITY AND RESPECT WE SEE EVERY DAY – FROM HELPING IN THE HALLWAYS TO PUTTING FORTH GREAT EFFORT IN THE CLASSROOM – ARE WHAT MAKE OUR SCHOOL COMMUNITY STRONG. JANUARY ALSO BRINGS AN IMPORTANT FOCUS ON ATTENDANCE AND CONSISTENCY. EVERY SCHOOL DAY MATTERS, AND BEING PRESENT GIVES STUDENTS THE BEST OPPORTUNITY TO SUCCEED BOTH ACADEMICALLY AND SOCIALLY. THANK YOU TO FAMILIES FOR SUPPORTING REGULAR ATTENDANCE AND PUNCTUALITY – IT TRULY MAKES A DIFFERENCE.

FINALLY, I WANT TO THANK OUR STAFF FOR THEIR DEDICATION AND CARE FOR OUR STUDENTS. THE WORK THEY DO EVERY DAY TO SUPPORT LEARNING, WELL-BEING, AND GROWTH IS TRULY APPRECIATED, AND FOREMOST SCHOOL IS A BETTER PLACE BECAUSE OF THEM. WE ARE LOOKING FORWARD TO A PRODUCTIVE AND SUCCESSFUL START TO THE NEW YEAR. THANK YOU FOR YOUR CONTINUED SUPPORT OF FOREMOST SCHOOL.

WARM REGARDS,

**STUART SHIGEHIRO
PRINCIPAL, FOREMOST SCHOOL**



**FOREMOST
SCHOOL**

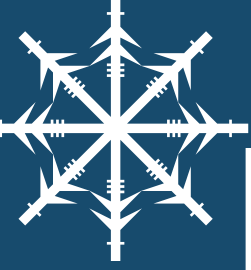
EXAMS INCOMING!

SUBJECTS & DATES:

**Thursday, January 22 ~
Science 24 & Social 10**

**Friday, January 23 ~
Social 30, Math 10 & 20**

**Monday, January 26 ~
Bio 30, Math 10-3,
Eng 10/20/30 -2,
Gen Psych, Physics 20**

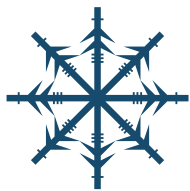


FOREMOST SCHOOL JUNIOR HIGH SKI TRIP



FRIDAY, JANUARY 16

FORMS DUE BY 3:30 PM WEDNESDAY, JANUARY 7



Itinerary.

6:30 am : Bus leaves Foremost School

8:00 am : Arrive at Elkwater Ski Hill

Safety briefing in the lodge

Get rental equipment

Skill assessment on the hill

Ski throughout the day

Students can pack or buy a lunch & eat on their own time

3:45 pm : Chair lift stops

Students return rentals & get ready to leave

4:30 pm : Bus leaves Elkwater

**5:15 pm : Stop at Medicine Hat Mall for Supper,
students responsible for paying for own meals**

5:45 pm : Bus leaves mall

6:45-7:00 pm : Arrive at Foremost School



HOT LUNCH

WEDNESDAY, JANUARY 21

Planned & Prepared by the
High School Home Ec. Class

~ Sponsored by Grade Two ~

TACO IN A BAG



Juice
Boxes



Worms
&
Dirt



FOREMOST & DISTRICT



AGRICULTURAL
SOCIETY

• EST. 1946 •

BARREL & POLE BENDING FUN NIGHTS FOREMOST INDOOR RIDING ARENA

COME ENJOY FUN PRACTICE NIGHTS

EVERYONE OF ALL AGES AND RIDING LEVELS WELCOME!

EVERY OTHER WEDNESDAY

6:00 PM - 10:00 PM

Dates:

**January 7 & 21
February 4 & 18
March 4 & 18
April 1 & 15**

**FREE for those with
Arena Memberships
Drop-in Fee \$21
for everyone else**

**Payable to
foremostagsociety@gmail.com**

Foremost Stay & Play Playgroup

Help Us Plan!

Parents & Caregivers with
Children Ages 0-5

Help Us Choose the
Best Day & Time
for a New Playgroup
at the Family Centre!



Information Meeting:



Thursday, January 15



10:30 AM



FCSS Office • 218 Main Street

Call 403-867-2766
for more
information



Come share your ideas, meet other families,
and help shape a fun, welcoming space



BASKETBALL

1A GIRLS PROVINCIALS



**FOREMOST
SCHOOL**



**MARCH 19 -21
2026**



**CALL TO
VOLUNTEER**



403-867-3843

Remember Your Library Books

Mon

GR. 6

Tue

GR. 1, GR. 3, GR. 4, GR. 5

Wed

Kindergarten, GR. 9

Thu

GR. 2, GR. 7, GR. 8

Fri

High School English -2

Note:

One School, One
Book Starts
January 13!



First Tee Program at Paradise Valley Golf Course

Learn-to-Play Golf Program!

Instruction is focused on the fundamentals of golf:
putting, chipping, pitching, and full swing.

Session Dates & Times:

One Week Program | 3-hour sessions | Tuesday - Saturday
02/17 | 02/18 | 02/19 | 02/20 | 02/21

Ages 7-12: 12:30pm - 3:30pm

Location & Address:

Location: Paradise Valley Golf Course & Top Tracer Range
Address: 90 Gehring Rd SW, Medicine Hat, AB T1B 4W1

Cost:

- **\$150** (\$30 per session)
- Financial Assistance is available upon request during the registration process

Coaches:

- Lead Coach, Tim Alexander
- Coach, Marilyn Noga
- Coach, Karen Stelter
- Coach, Kim Bronson

Additional Information:

- 24-participant capacity
- Previous golf skills are NOT required.
- Golf equipment is NOT required; equipment will be provided for participants during each session.

Register Here:

- If you are interested in participating in the **Family Week Camp**, please click the First Tee – Alberta registration link below.



Register Here or call the school

Here are the steps to register your child on the First Tee Parent Registration Page:

1) If you are new, have participated or started your child's registration for First Tee programming, please click the Register/Login button to sign in or start your registration or scan the QR code.

If you are new to First Tee, please create an account, add your child(ren) names to your account.

2) Then you will need to add the First Tee session to your cart, which will show up in the cart icon in the top right.

3) Click my cart icon and once the page loads scroll down to the bottom of the page and click check out.

4) Add all participant information & emergency contact information.

Click confirm for all personal information to go to next steps

5) Sign and agree to all waivers (Required to participate)

Click confirm for all personal information to go to next steps

6) Select financial assistance is required

Proceed through the required steps and click submit

7) Proceed to checkout.

8) Once registered, an email should be sent to you to let you know you have registered.

If you have any questions feel free to reach out to Ms. Moylan