



Under the Falcon's Wing
FOREMOST SCHOOL
HOME OF THE FALCONS



PRINCIPAL: STUART SHIGEHIRO
VICE PRINCIPAL: ANGELA HAZELL
TRUSTEE: NANCY HARAGA

MARCH 7, 2025

Important Dates:

March 12 - JK/K meeting

March 18 - Book Fair starts

March 19 - Hot Lunch

March 20 - Report cards go Home for Gr. K to 8

March 21 - SI Day - NO SCHOOL

March 21 - Firearms Safety Training from 9 to 5

March 22 - JK/K meeting

March 25 - Parent/Teacher interviews (K to 8)

March 25 - Book Fair Ends

March 27 - JK/K screening in the pm

April 4 - Missoula Children's Theatre "Sleeping Beauty" Production and dinner

**Parents, please remember to let your bus drivers know
if your children will not be on the bus!!**

Mini Ball will be starting March 17/25. Monday practices are for Grades 1 and 2 only.

**Students from Gr. 3 to 6 practices will be either a Tuesday or Wednesday depending what group they are in.
Games will be on Thursdays. More info to follow once all sheets have been collected and paid for.**

Registration links have been sent out to all parents emails.

Please fill out the forms in school engage.

**If you are having problems finding it please feel free to come
see me at the school and we will get you into the forms.**

Thank you to those who have already filled out the forms.

Missoula Children's theater will be here starting March 31 until April 4.

The final performance is April 4th at 7pm.

**There will be a fundraising supper before the show starts put on by
high school students attending the trip to Italy in 2026!**

**There will be a parent meeting for JK/K to discuss any concerns you may have with the new hours proposed on
March 12 @ 2pm.**

**STEP INTO
THE ENCHANTMENT &
JOIN US FOR A MAGICAL TIME**



**FOREMOST SCHOOL
WITH
MISSOULA CHILDREN'S THEATRE AND
FRIENDS OF FOREMOST
PRESENTS**

Sleeping Beauty

**AT 7 PM
ON FRIDAY, APRIL 4TH
FOREMOST SCHOOL GYM**



**FOR MORE INFORMATION CALL
ANGELA HAZELL (403) 867-3843**



SUPPER TICKETS

FRIDAY, APRIL 4
5:30 PM
BEFORE ELEMENTARY
PRODUCTION OF
SLEEPING BEAUTY

ADULT 12+ **\$20**
YOUTH 6-11 **\$10**
CHILD 5 & UNDER **FREE**

TICKET DEADLINE
TUESDAY, APRIL 1



LASAGNA
CAESAR SALAD
GARLIC TOAST
COFFEE & JUICE
DESSERT

Call the school to book your supper tickets!

ALL PROCEEDS GO TOWARDS
2026 TRIP TO ITALY



PRINCIPAL'S MESSAGE – MARCH 2025

AS WE STEP INTO MARCH, I WANT TO TAKE A MOMENT TO RECOGNIZE THE HARD WORK AND DEDICATION OF OUR STUDENTS AND STAFF. WE ARE WELL INTO THE SECOND SEMESTER, AND IT'S BEEN GREAT TO SEE STUDENTS ENGAGED IN THEIR LEARNING, SPORTS, AND EXTRACURRICULAR ACTIVITIES.

A SPECIAL THANK YOU TO EVERYONE INVOLVED IN OUR GREENHOUSE PETUNIA PROJECT. IT'S EXCITING TO SEE IT COME TOGETHER, AND WE'RE LOOKING FORWARD TO SEEING THE PETUNIA PLANTS SPROUT SOON.

MARCH IS ALSO A BUSY TIME FOR OUR SCHOOL COMMUNITY. WE ENCOURAGE PARENTS AND STUDENTS TO STAY UP TO DATE ON UPCOMING EVENTS, INCLUDING:

- PARENT-TEACHER INTERVIEWS – A GREAT OPPORTUNITY TO CONNECT WITH TEACHERS AND DISCUSS STUDENT PROGRESS.**
- SPRING SPORTS & EXTRACURRICULARS – KEEP AN EYE OUT FOR SCHEDULES AND OPPORTUNITIES TO GET INVOLVED.**

AS ALWAYS, THANK YOU FOR YOUR CONTINUED SUPPORT IN MAKING FOREMOST SCHOOL A GREAT PLACE TO LEARN AND GROW. IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE DON'T HESITATE TO REACH OUT.

SINCERELY,

**STUART SHIGEHIRO
PRINCIPAL, FOREMOST SCHOOL**



BASKETBALL ACTION SENIOR GIRLS

ZONES @

LETHBRIDGE POLYTECHNIC

GAME 1

Thursday, March 13
Falcons vs Milk River
@ 5:00 pm



Beef Jerky
Fundraiser
March 5 - 24
Contact any
High School Student
to place an order!

FIREARMS SAFETY COURSE

FRIDAY, MARCH 21

9:00 AM - 5:00 PM
@ FOREMOST SCHOOL

\$150 INCLUDING LUNCH

Please call the school to register

AGES 12+ ~ ADULTS WELCOME
LIMITED TO 12 REGISTRANTS

HOT LUNCH
WEDNESDAY, MARCH 19

CHICKEN FINGERS



WITH CAESAR SALAD

GREEN JELLO
DESSERT FOR
ST. PATTY'S DAY



JUICE BOXES





FOREMOST SCHOOL LIBRARY NEWS!

Foremost School Library will once again be hosting a spring Book Fair. The grade 6 class is already hard at work planning and decorating. Coloring pages were sent home with all elementary school students. Completed coloring sheets may be returned by March 18, 2025, for a chance to win one of the classroom draws. We will also be having a Guess How Many Eggs contest that everyone can enter and a Family Draw for students to enter when their parent visits the Book Fair. There will be lots to see and buy. Please plan to visit the Book Fair, all proceeds benefit our school library and classrooms.

Spring BookFair, March 18 to 25

lunch recess and after school to 4 pm



Support our school
library!

Open til 6 pm for
parent/teacher
interviews!
March 25

Come and see
what's new!

**CHECK
THIS OUT**

Attention Grade 9s!
PRPS & MHC Announce

South Alberta School of Trades



What would this **look like** for my child?

- This 3 to 4-year program begins in grade ten and finishes with students completing their first-year Registered Apprenticeship.
- Students take one dual-credit course in grade 10 and another in grade 11 taught by college instructors.
- Students will be connected to work placement opportunities.
- Students also earn additional CTS credits related to career preparation and safety.

What is **dual-credit**?

- Students in year 1 and 2 earn 5 30-level high school credits towards graduation AND 4 MHC "Open Studies" transferable credits that can be put towards a diploma, degree or another credential.

FOR MORE INFORMATION PLEASE ATTEND THE INFORMATION EVENT AT THE MEDICINE HAT COLLEGE ON FEBRUARY 4 IN THE T-WING ATRIUM

5:30 - 7:30 pm



Applications for next fall will be available on February 1, 2025

IF YOUR STUDENT IS PLANNING ON GOING AND WOULD LIKE TO PARTICIPATE IN FUNDRAISING TO OFFSET THE COST, PLEASE CONTACT MS. GINA AT THE SCHOOL ASAP TO GET ON THE FUNDRAISING EMAIL LIST AS THOSE EFFORTS ARE STARTING NOW :)

IF YOU ARE INTERESTED IN THE ITALY TRIP, PLEASE CONTACT THE SCHOOL FOR MORE INFORMATION!



**FOREMOST
SCHOOL**

**EF TOURS
TRIP TO ITALY
May 2026
Grades 10 - 12
(as of May 2026)**

Contact Mr. Shigehiro for Information



PLEASE DOUBLE CLICK ON THE PAGE TO BE ABLE TO SCROLL ALL THE PAGES

USE OF PERSONAL MOBILE DEVICES & SOCIAL MEDIA IN SCHOOLS



Administrative Procedures

A313 – Use of Personal Mobile Devices and Social Media in Schools

Purpose/Background

Prairie Rose students deserve a distraction free environment in which they can nurture a sense of belonging and positive sense of self. A313 establishes clear guidelines for the responsible use of cell phones and personal mobile devices.

Definitions

Personal Mobile Devices: Any personal electronic device that can be used to communicate with or access the internet, such as a cellphone, tablet, laptop, or smartwatch.

Social media: Online platforms and applications that enable users to create, share, and interact with content and communicate with others. These platforms typically allow users to create profiles, post text, images, videos, and other media, and engage with the content of others through likes, comments, and shares. Examples of popular social media platforms include Facebook, Twitter (now known as X), Instagram, TikTok, and LinkedIn. Excluded from this definition for the purposes of this administrative procedure is PRPS Education Suite products.

Instructional Time: Includes time scheduled for the purposes of instruction, examination/testing, and other student activities where direct student-teacher interaction and supervision are maintained whether on-campus or off-campus.

Procedures



1. This procedure applies to all students registered within Prairie Rose Public Schools.
2. Students are not to use their personal mobile device in school during instructional time, at school events during the school day (e.g., assembly, homerooms, clubs) unless specifically authorized by their school's administrator or their teacher.
 - a. Administrators or teachers may permit the use of personal mobile digital devices for specific educational activities on a case-by-case basis. These activities should be planned and structured to enhance learning outcomes.
 - b. The use of school devices is permitted for specific educational activities. These activities should be planned and structured to enhance learning outcomes.
 - c. In the event of an emergency, the principal or designate will communicate acceptable use of personal mobile devices.
 - d. Students with health or medical reasons or special learning needs may be granted permission to use personal mobile devices during instructional time by



YOU ARE INVITED TO SOUTH ALBERTA BASEBALL ACADEMY (SABA) SPRING CAMP, TAKING PLACE ON FRIDAY, MARCH 21, 2025, AT OUR COLLEGIATE FIELD HOUSE IN MEDICINE HAT. THIS CAMP IS OPEN TO STUDENTS CURRENTLY IN GRADES 8-12 AND PROVIDES AN EXCELLENT OPPORTUNITY FOR ATHLETES TO ELEVATE THEIR GAME, WHETHER THEY ARE JUST STARTING OUT OR LOOKING TO REFINE THEIR SKILLS. PARTICIPANTS WILL TRAIN UNDER THE GUIDANCE OF OUR EXPERIENCED COACHES AND TOP HIGH SCHOOL MENTORS, ENSURING HIGH-QUALITY INSTRUCTION AND PERSONAL ATTENTION.

IN ADDITION TO SKILL DEVELOPMENT, THIS CAMP ALLOWS ATHLETES TO SHOWCASE THEIR ABILITIES AND LEARN #THESABAWAY. PLAYERS CURRENTLY IN GRADES 9-11 WHO ARE IDENTIFIED BY OUR COACHING STAFF MAY ALSO BE INVITED TO JOIN THE SOUTH ALBERTA BASEBALL ACADEMY PROGRAM, WHICH OPERATES UNDER PRAIRIE ROSE PUBLIC SCHOOLS AND IS LED BY HEAD COACH MARG MACMILLAN.

CAMP DETAILS

 **DATE: FRIDAY, MARCH 21, 2025**  **TIME: 9:00 A.M. –**

12:00 P.M. (CHECK-IN AT 8:30 A.M.) \$\$ **COST: \$85**  



LOCATION: 1351-30 ST SW, MEDICINE HAT, AB  

REGISTRATION DEADLINE: LIMITED SPOTS AVAILABLE – REGISTRATIONS WILL BE ACCEPTED ON A FIRST-COME, FIRST-SERVED BASIS. A WAITLIST WILL BE CREATED IF THE CAMP REACHES CAPACITY

HOW TO REGISTER & PAY

  **REGISTER HERE**

 **PAYMENT: E-TRANSFER \$85 TO SABASEBALLACADEMY@PRRDS.CA**

  **IMPORTANT: PLEASE INCLUDE YOUR CHILD'S NAME AND "SPRING CAMP" IN THE E-TRANSFER DETAILS. REGISTRATION WILL BE CONFIRMED ONCE PAYMENT IS RECEIVED.**

WE ENCOURAGE YOU TO REGISTER AS SOON AS POSSIBLE, AS SPOTS ARE LIMITED. IF YOU HAVE ANY QUESTIONS OR NEED FURTHER INFORMATION, FEEL FREE TO REACH OUT TO SABASEBALLACADEMY@PRRDS.CA

RE: SCHOOL ROUTINE IMMUNIZATION PROGRAM WITHIN ALBERTA HEALTH SERVICES (AHS) SOUTH ZONE

HELLO PARENTS, GUARDIANS AND CAREGIVERS:

AHS REMINDER PHONE CALLS AND TEXTS ABOUT SCHOOL ROUTINE IMMUNIZATIONS (NON-COVID) ARE SENT AS NEEDED TO ALERT PARENTS, GUARDIANS AND CAREGIVERS ABOUT RETURNING PAPER CONSENT FORMS FOR IN-SCHOOL IMMUNIZATIONS OR TO ALERT CAREGIVERS ABOUT IMMUNIZATION ELIGIBILITY.

SCHOOL IMMUNIZATION CONSENT FORMS HAVE BEEN SENT HOME THIS SCHOOL YEAR FOR GRADE 9 STUDENTS FOR THE TDAP VACCINE (I.E. TETANUS, DIPHTHERIA, ACELLULAR PERTUSSIS – ALSO KNOWN AS WHOOPING COUGH) AND MENC-AGYW-135 VACCINE (I.E. MENINGOCOCCAL QUADRIVALENT CONJUGATE VACCINE WHICH PROTECTS AGAINST FOUR TYPES OF BACTERIA THAT CAUSE MENINGOCOCCAL DISEASE). SOME IMMUNIZATIONS HAVE BEGUN AT SCHOOL; HOWEVER, MOST GRADE 9 STUDENTS WILL BE IMMUNIZED IN FEBRUARY OR MARCH 2025. WE REQUEST YOU RETURN SCHOOL IMMUNIZATION FORMS TO THE SCHOOL AS SOON AS POSSIBLE, IF NOT YET SENT.

AS A REMINDER, OTHER ROUTINE SCHOOL IMMUNIZATIONS (NON-COVID) OFFERED INCLUDE:

- GRADE 6 – IMMUNIZATIONS ARE OFFERED IN SCHOOL FOR HEPATITIS B AND THE HUMAN PAPILLOMAVIRUS VACCINE (HPV) SERIES. FOR THOSE STUDENTS WHOSE PARENTS, GUARDIANS OR CAREGIVERS CONSENTED FOR THE VACCINE(S), WE HAVE PROVIDED FIRST DOSES TO MOST GRADE 6 STUDENTS IN FALL 2024, AND THE LAST DOSE WILL BE PROVIDED IN SPRING 2025.**
- GRADE 1 – FOR STUDENTS WHO MISSED THE PRE-KINDERGARTEN ROUTINE BOOSTERS OF TETANUS, DIPHTHERIA, PERTUSSIS, POLIO COMBINED VACCINE, AND MEASLES, MUMPS, RUBELLA AND VARICELLA VACCINE, PLEASE CHECK THE ROUTINE IMMUNIZATION SCHEDULE. GRADE 1 STUDENTS MAY BE BOOKED FOR AN APPOINTMENT BY CALLING YOUR LOCAL COMMUNITY HEALTH CENTRE.**
- HOMESCHOOLED CHILDREN MAY OBTAIN ROUTINE SCHOOL-AGED IMMUNIZATIONS BY APPOINTMENT AT YOUR LOCAL COMMUNITY HEALTH CENTRE.**

HOW TO OBTAIN ROUTINE SCHOOL IMMUNIZATIONS (NON-COVID) FOR YOUR CHILD:

- SIGN AND RETURN THE IMMUNIZATION CONSENT FORM TO YOUR CHILD'S SCHOOL AS SOON AS POSSIBLE IF YOU WOULD LIKE YOUR CHILD IMMUNIZED IN THE SCHOOL SETTING.**
- IF THERE IS ONE OR MORE VACCINES YOU DO NOT WISH YOUR CHILD TO RECEIVE, WRITE REFUSED ACROSS THE VACCINE(S) YOU DO NOT WANT AND RETURN ALL CONSENT FORM(S) TO THE SCHOOL.**
- YOU MAY ALSO PROVIDE VERBAL TELEPHONE CONSENT BY CALLING YOUR LOCAL COMMUNITY HEALTH CENTRE AND TALKING WITH A PUBLIC HEALTH NURSE.**
- IF YOU WISH TO ATTEND WITH YOUR CHILD, CALL TO BOOK AN APPOINTMENT AT YOUR LOCAL COMMUNITY HEALTH CENTRE.**
- IF YOU ARE UNSURE IF YOUR CHILD IS DUE FOR SCHOOL ROUTINE (NON-COVID) IMMUNIZATIONS, PLEASE ASK TO SPEAK TO A PUBLIC HEALTH NURSE.**

IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT YOUR COMMUNITY HEALTH CENTRE. FOR MORE INFORMATION, AND TO VIEW THE ROUTINE IMMUNIZATION SCHEDULE, PLEASE VISIT IMMUNIZATION ON [MYHEALTH.ALBERTA.CA](https://myhealth.alberta.ca).

**SINCERELY,
MEDICAL OFFICERS OF HEALTH, SOUTH ZONE**