



FOREMOST SCHOOL

HOME OF THE FALCONS



PRINCIPAL: STUART SHIGEHIRO
VICE PRINCIPAL: ANGELA HAZELL
TRUSTEE: NANCY HARAGA

JANUARY 23, 2026

Important Dates:

Jan. 26 - Last day for Gr. 10-12 Semester 1

Jan. 27 - Gr. 10-12 Turn around day- no school for 10-12's

Jan. 28 - Semester 2 begins

Congratulations to Ellie, Lennon and Briar for winning the bus poster contest!!

Parent portal will be disabled on Friday Jan. 23rd and will be unlocked on Jan. 28th. We will not be sending report cards home with the Gr. 10-12's. If you need a paper copy please phone the school and we will get one to you.

PRINCIPAL'S MESSAGE

AS WE MOVE THROUGH JANUARY, IT HAS BEEN WONDERFUL TO SEE OUR STUDENTS SETTling BACK INTO ROUTINES AND ENGAGING POSITIVELY IN THEIR LEARNING. CLASSROOMS HAVE BEEN BUSY WITH HANDS-ON ACTIVITIES, GOAL SETTING, AND RENEWED FOCUS AFTER THE WINTER BREAK. THANK YOU TO OUR STAFF AND FAMILIES FOR SUPPORTING STUDENTS AS WE EASE BACK INTO THE RHYTHM OF SCHOOL.

I WOULD LIKE TO TAKE A MOMENT TO REMIND FAMILIES ABOUT THE IMPORTANCE OF REGULAR ATTENDANCE. BEING AT SCHOOL EACH DAY HELPS STUDENTS STAY CONNECTED, BUILD RELATIONSHIPS, AND MAKE THE MOST OF LEARNING OPPORTUNITIES. IF YOUR CHILD IS GOING TO BE ABSENT, PLEASE ENSURE THE SCHOOL IS NOTIFIED.

WE ALSO CONTINUE TO EMPHASIZE POSITIVE BEHAVIOUR AND CITIZENSHIP THROUGHOUT THE SCHOOL. OUR FALCON SPOTLIGHT PROGRAM RECOGNIZES STUDENTS WHO DEMONSTRATE KINDNESS, LEADERSHIP, RESPONSIBILITY, AND RESPECT. WHEN STUDENTS ARE “CAUGHT BEING GOOD,” THEY MAY BE HIGHLIGHTED ON ANNOUNCEMENTS AND ENTERED INTO DRAWS AT OUR FALCON SPOTLIGHT ASSEMBLIES. THESE MOMENTS OF RECOGNITION HELP REINFORCE THE POSITIVE CULTURE WE ARE PROUD OF AT FOREMOST SCHOOL.

WINTER WEATHER IS VERY MUCH A PART OF LIFE IN SOUTHERN ALBERTA, AND WE ASK THAT STUDENTS COME TO SCHOOL DRESSED APPROPRIATELY FOR OUTDOOR RECESS. FRESH AIR AND PHYSICAL ACTIVITY ARE IMPORTANT, EVEN ON COLDER DAYS, AND PROPER WINTER CLOTHING HELPS ENSURE STUDENTS ARE COMFORTABLE AND SAFE.

THANK YOU, AS ALWAYS, FOR YOUR CONTINUED PARTNERSHIP AND SUPPORT. IF YOU EVER HAVE QUESTIONS OR CONCERNS, PLEASE DO NOT HESITATE TO REACH OUT. TOGETHER, WE CONTINUE TO MAKE FOREMOST SCHOOL A WELCOMING AND SUPPORTIVE PLACE FOR ALL LEARNERS

WARM REGARDS,

**STUART SHIGEHIRO
PRINCIPAL, FOREMOST SCHOOL**

ONE SCHOOL ONE BOOK



**FOREMOST
SCHOOL**



READING SCHEDULE

JAN. 13 PGS. 1-16

JAN. 14 PGS. 17-25

JAN. 15 PGS. 26-45

JAN. 19 PGS. 46-60

JAN. 20 PGS. 61-73

JAN. 21 PGS. 74-92

JAN. 22 PGS. 93-107

JAN. 26 PGS. 108-128

JAN. 27 PGS. 129-140

JAN. 28 PGS. 141-151

JAN. 29 PGS. 152-169

FEB. 2 PGS. 170-182

FEB. 3 PGS. 183-203

FEB. 4 PGS. 204-216

FEB. 5 PGS. 217-227



**SR. GIRLS
BASKETBALL
SENIOR NIGHT!**

FOREMOST FALCONS

VS

SENATOR GERSHAW

Tues, February 3

6:00 pm

Foremost School

Big Gym



FOREMOST & DISTRICT



AGRICULTURAL
SOCIETY

• EST. 1946 •

BARREL & POLE BENDING FUN NIGHTS FOREMOST INDOOR RIDING ARENA

COME ENJOY FUN PRACTICE NIGHTS

EVERYONE OF ALL AGES AND RIDING LEVELS WELCOME!

EVERY OTHER WEDNESDAY

6:00 PM - 10:00 PM

Dates:

**January 7 & 21
February 4 & 18
March 4 & 18
April 1 & 15**

**FREE for those with
Arena Memberships
Drop-in Fee \$21
for everyone else**

**Payable to
foremostagsociety@gmail.com**



BASKETBALL

1A GIRLS PROVINCIALS



**FOREMOST
SCHOOL**



**MARCH 19 -21
2026**



**CALL TO
VOLUNTEER**



403-867-3843

Remember Your Library Books

Mon

GR. 6

Tue

GR. 1, GR. 3, GR. 4, GR. 5

Wed

Kindergarten, GR. 9

Thu

GR. 2, GR. 7, GR. 8

Fri

High School English -2

Note:

One School, One
Book Starts
January 13!





Under PRESSURE

**A PANEL OF YOUR
MEDICINE HAT
TIGERS, MODERATED
BY HEAD COACH
WILLIE DESJARDINS**

A Parent's Role in Athlete Success

JANUARY 28, 2026

6:30 PM

**MEDICINE HAT COLLEGE
ERESMAN THEATRE**

**FREE ATTENDANCE
PLEASE REGISTER**



FCSS and the Foremost Sage Club invites you to:

FAMILY DAY ICE SKATING



Come out with your family for some FREE skating fun! Children under 12 must wear a helmet.



February 16, 2026
10:30am-1:30pm
The Foremost Arena

Foremost Minor Hockey Concession Available

For more Information call FCSS at 403-867-2766





Southeast AB Ag Society

MINI JAM SPIEL



Monday Feb 16
1:00pm-5:00pm

Mini Rock Curling Tournament

Manyberries Curling Rink

\$ 5.00 Per Person

Includes Hot Dog, Pop, and Chips
For All ages Register
a team or individual
By February 13th by calling
Terri Lynn. 403-581-7084 or
Amanda 306-504-0252



Ready, Set, Drive!

Prepare to write your learner's test with fun,
hands-on learning, and community engagement!

Participants must be 14 years old or older by March 1st 2026 to
participate

When: Tues-Fri Feb 17-20

Drop off 8:30

Program runs 9:00 to 11:00

Where: Kickstand (McMan)

1001 Kingsway Ave SE



**100%
FREE**



Registration is required as seats
are limited. Call or email now!

403.527.6640

jason.nelson@bigbrothersbigsisters.ca



**Big Brothers
Big Sisters**

OF MEDICINE HAT
AND DISTRICT

