



FOREMOST SCHOOL

HOME OF THE FALCONS



PRINCIPAL: STUART SHIGEHIRO
VICE PRINCIPAL: ANGELA HAZELL
TRUSTEE: NANCY HARAGA

MARCH 9, 2026

Important Dates:

March 11 - Parent/Teacher interviews

March 13 & 14 - Sr. Girls Basketball Zones

@ Lethbridge Polytechnic

March 17 - School-wide Assembly

March 18 - 21 - Basketball Provincials

March 20 - SI DAY NO SCHOOL FOR STUDENTS

March 21 - June 6 - School Art at the Esplanade

March 22 - SAHA Flames Game in Calgary

**Parent/teacher interviews code to book with is:
dtjqw**

PRINCIPAL'S MESSAGE

DEAR FOREMOST SCHOOL FAMILIES,

MARCH HAS ARRIVED, AND WITH IT COMES A SENSE OF RENEWAL AND ENERGY AT FOREMOST SCHOOL! OUR STUDENTS HAVE BEEN HARD AT WORK, AND IT'S EXCITING TO SEE THEIR GROWTH IN ACADEMICS, ATHLETICS, AND THE ARTS.

WE HAVE SEVERAL EVENTS THIS MONTH TO HIGHLIGHT:

- **MARCH 5: AUTHOR VISIT WITH DAVID POULSEN FOR K-9 STUDENTS—THIS WAS AN EXCITING OPPORTUNITY THAT INSPIRED CREATIVITY AND A LOVE OF READING.**
- **MARCH 11: PARENT-TEACHER INTERVIEWS—AN IMPORTANT CHANCE TO CONNECT ABOUT STUDENT PROGRESS.**
- **MARCH 17: ASSEMBLY & FALCON SPOTLIGHT AWARDS, WITH CONSTABLE JOSH HELPING PRESENT AWARDS TO STUDENTS RECOGNIZED FOR THEIR KINDNESS AND ACHIEVEMENTS.**
- **MARCH 18-21: GIRLS' BASKETBALL PROVINCIALS—OUR SCHOOL IS PROUD TO HOST THIS EVENT AND SHOWCASE THE TALENTS OF OUR ATHLETES.**

I WANT TO TAKE A MOMENT TO THANK OUR STAFF FOR THEIR DEDICATION, ESPECIALLY IN ORGANIZING THE BASKETBALL PROVINCIALS. NOT ONLY IS THIS BENEFICIAL TO OUR SCHOOL COMMUNITY BUT IS VERY BENEFICIAL TO THE FOREMOST COMMUNITY AS WELL. YOUR EFFORTS ARE TRULY MAKING A DIFFERENCE IN THE LIVES OF OUR STUDENTS AND COMMUNITY.

FAMILIES, YOUR SUPPORT IS EQUALLY IMPORTANT. THANK YOU FOR REINFORCING POSITIVE ATTITUDES, SUPPORTING THE SCHOOL'S INITIATIVES, ENCOURAGING LEARNING AT HOME, AND HELPING MAINTAIN A SAFE AND WELCOMING ENVIRONMENT FOR ALL. LET'S MAKE MARCH A MONTH OF LEARNING, GROWTH, AND CELEBRATION!

**MR. STUART SHIGEHIRO
PRINCIPAL, FOREMOST SCHOOL**

**CONGRATULATIONS TO ALL THE
STUDENTS WHOSE ART HAS
SELECTED FOR THE ART
EXHIBITION!!**



**2D ARTWORK:
NIXON WILKIE
EDWIN CONNORS
JONAH THIESSEN
BRIGGS EHNES
KNOX STROMSMOE (2 PIECES)**

**SUSANNA WIEBE
HAYES HOUGEN
BOSTYN KULTGEN
SAWYER HOUGEN
KONAIN RAZA
ALL HAVE 2 PIECES IN**



**3D ARTWORK:
NIXON WILKIE
JAKE JOHNSON
KNOX STROMSMOE**

**ALL OTHER ARTWORK WILL BE KEPT FOR
KALEIDSCOPE ON MAY 27TH.**

**THE ART EXHIBITION RUNS MARCH 21 TO JUNE 6TH
PICK A DAY AND GO ENJOY OUR
STUDENTS ART WORK ON DISPLAY!**

Curling Bonspiel





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Craig Roberts

info@chinooktreators.com

March 19-21, 2026
Banquet March 18

Top high school teams will start arriving from across the province on Wednesday March 18th. It promises to be an unforgettable weekend of competition, sportsmanship, and community spirit.

Thursday March 19

Opening Ceremonies 9:00 am

Games 11:00am-7:00pm

Some Games will be played at Senator Gershaw

Friday March 20

Games 9:00am-7:00pm

Tradefair at the Community Centre

Noon - 5 pm

Saturday March 21

Games 9:00am-7:00pm

Bronze Medal Game: 5:00 pm

Gold Medal Game: 7:00 pm

ADMISSION:

DAILY PASS

Adult: \$ 12

Student: \$ 5

Children under 12 Free

TOURNAMENT PASS

Adult: \$ 30

Student: \$ 15

FULL CONCESSION AVAILABLE:

Full Menu PLUS

Thursday Special: Beef on a Bun & Pasta Salad

Friday Special: Baked Potato & Chili

BUCKET RAFFLE

**NO ARTIFICIAL
NOISEMAKERS**
SSA RULE

Shifts available to help with:

Concession, Score Clock, Security, Front Door

**CALL TO
VOLUNTEER**



403-867-3843

Angle Parking will be allowed in front of the school (West side of the street) for this weekend only. Please don't park in the bus zone during school hours.



Share your photos:

#SchoolSportAlberta #ssaprovs

#foremostschool

@lagirlsbasketballprovs2026



**FOREMOST
SCHOOL**

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DOWN TO EARTH LABS, LETH

KCW FARMS -
STURTEVANT FAMILY

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KINGS LAKE
COLONY



BASKETBALL ZONES



LETHBRIDGE POLYTECHNIC

**FRIDAY, MARCH 13
@ 4:00 PM VS STIRLING**

**SATURDAY, MARCH 14
@ 3:00 PM VS TBD**

David Poulsen Author Visit



Not All Heroes Wear Capes, Some Write Books

CONGRATULATIONS!

U15 FOREMOST FLYERS



LEAGUE CHAMPS

CONGRATULATIONS!

U18 REBELS



LEAGUE CHAMPS

CONGRATULATIONS!

U11 FOREMOST FLYERS



LEAGUE CHAMPS

THE
FOREMOST SKATING CLUB
INVITES EVERYONE TO

CIRCUS

Unleashed

YEAR END SKATING SHOW

FOREMOST ICE RINK

TUESDAY
MARCH 17TH

SHOW
STARTS 6:00 PM

CONCESSION
WILL BE OPEN

- 50/50 RAFFLE
- DONATION BOX



FOREMOST & DISTRICT



AGRICULTURAL
SOCIETY

• EST. 1946 •

BARREL & POLE BENDING FUN NIGHTS FOREMOST INDOOR RIDING ARENA

COME ENJOY FUN PRACTICE NIGHTS

EVERYONE OF ALL AGES AND RIDING LEVELS WELCOME!

EVERY OTHER WEDNESDAY

6:00 PM - 10:00 PM

Dates:

**January 7 & 21
February 4 & 18
March 4 & 18
April 1 & 15**

**FREE for those with
Arena Memberships
Drop-in Fee \$21
for everyone else**

**Payable to
foremostagsociety@gmail.com**

FOREMOST MINOR

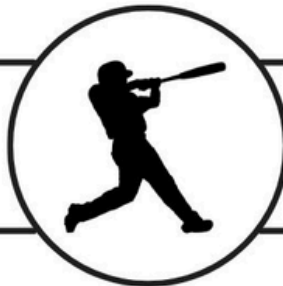
BASEBALL

Registration Deadline

March 15



AGES 4-13



BOYS AND GIRLS

**SCAN THE QR CODE OR VIST OUR
FOREMOST MINOR BASEBALL FACEBOOK
GROUP FOR REGISTRATION DETAILS**



REGISTRATIONS AFTER MARCH 15 HAVE A \$20 LATE FEE

Contact Heather for more
information 403 331 3715

Remember Your Library Books

Mon

GR. 6

Tue

GR. 1, GR. 3, GR. 4, GR. 5

Wed


Kindergarten, GR. 9

Thu

GR. 2, GR. 7, GR. 8

Fri

High School English -2



David
Poulsen Visit
on March. 5
Watch for
order sheet

Income Tax Basics for Newcomers to Canada

It pays to do your taxes! Join our free online information session

Date: Tuesday, February 24, 2026

Time: 6:00 – 8:00 PM

Hosted by: Brooks & County Immigrant Services (BCIS)

Register by contacting : Alex Garcia 403 605 1836

alexander.garcia@bcis-brooks.ca

Kimberlee Groves 403 978 9100 Kimberlee.groves@bcis-brooks.ca

The Canada Revenue Agency (CRA) is presenting an information session. Learn about:

- Canada's tax system
- Should you file taxes?
- What's a 'refund'?
- How to apply for GST
- Get ready to do your tax return
- How to find a volunteer tax preparer
- Keep your information up to date
- Be scam smart

You can ask tax and benefits questions.

Tax General Enquiries: 1-800-959-8281

Benefits & Credits: 1-800-387-1193

Canada Revenue
Agency

Agence du revenu
du Canada

Canada